

## WHY MADEMOISELLE ORGANIC?

- 1 **Since 2017**, Mademoiselle Organic has been the trusted choice for companies, councils, universities, and charities across Australia and beyond. We've worked with thousands of participants from renowned organisations like **LinkedIn, Canva, Atlassian, Carlton Football Club, Servier, Workday, Medibank**, and many more.
- 2 We specialise in delivering **high-quality wellness and team-building workshops** that are not only **refreshing** but also **eco-friendly** and unforgettable.

Whether you're looking to inspire your team, promote wellness and sustainability, or add a unique touch to your next event, Mademoiselle Organic's workshops deliver a one-of-a-kind experience.

✨ Let's make your next event memorable! ✨

## WORKSHOP HIGHLIGHTS



### Flexible Formats



- Available **online** (Australia-wide & globally) or **in-person** (Melbourne).
- Choose from **seated workshops** or **walk-in activations**—perfect for busy schedules. Participants can drop in, create a product in just 10 minutes, and return to their day.



### Custom Gifts & Hampers



- **Essential oils or Perfume Kits** for a perfect aromatherapy experience
- **DIY kits:** deodorant or shampoo boxes with ingredients and recipes.
- **Handmade skincare hampers and essential oil kits**—ideal for prizes or take-home gifts.

Check out our 5-star Google reviews [here](#)



### TRUSTED BY LEADING COMPANIES

LinkedIn



medibank  
For Better Health

ATLASSIAN

MinterEllison  
LAWYERS



RMIT  
UNIVERSITY



GEELONG  
SUSTAINABILITY

MQ  
Melbourne Quarter



zeller



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2025

# JANUARY

## WORKSHOP ACTIVITIES

### Australia Day

- Use Australian native ingredients to make multi-purpose oils that can be used as beard oils, moisturisers and bath oils.

Or, why not make...

- Bath salts and body scrubs
- Vegan soaps
- Natural perfumes and signature fragrances



SUN	MON	TUE	WED	THU	FRI	SAT
			01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26 AUSTRALIA DAY	27	28	29	30	31	



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WORKSHOP ACTIVITIES

Valentine's Day

- Natural perfumes or massage/bath oils
- Heart-shaped soaps
- Heart-shaped lip balms
- Bath salts and body scrubs
- Heart-shaped massage bars



FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
						01
02	03	04	05	06	07	08
09	10	11	12	13	14 VALENTINE'S DAY	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

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MARCH

WORKSHOP ACTIVITIES

International Women's Day

- Natural perfumes
- Natural skincare routine
- Lip balms
- Bath salts and body scrubs

Harmony Day

- Use Australian native ingredients to make multi-purpose oils, bath salts, body scrubs, perfumes or soaps
- Make a multi-cultural solid moisturiser in the shape of a French macaron using Japanese Matcha
- Use scents from all around the world to craft a unique perfume



SUN	MON	TUE	WED	THU	FRI	SAT
						01
02	03	04	05	06	07	08 INTERNATIONAL WOMEN'S DAY
09	10	11	12	13	14	15
16	17	18	19	20	21 HARMONY DAY	22
23	24	25	26	27	28	29
30	31					

Click on your preferred activity to be taken to our website for more details



2025

APRIL



WORKSHOP ACTIVITIES

World Health Day

- Wellness activities with non-photosensitive essential oils
- DIY deodorant with biodegradable and eco-friendly ingredients from the kitchen
- Zero-waste and plastic-free natural self-care with recipes and tips

Earth Day

- Bath salts and body scrubs using repurposed food scraps
- DIY deodorant with biodegradable and eco-friendly ingredients from the kitchen
- Make a packaging-free solid deodorant or shampoo bar
- Create a fully biodegradable natural skincare routine

SUN	MON	TUE	WED	THU	FRI	SAT
		01	02	03	04	05
06	07 WORLD HEALTH DAY	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22 EARTH DAY	23	24	25	26
27	28	29	30			

Click on your preferred activity to be taken to our website for more details

# OUR FLAGSHIP WELLNESS & SUSTAINABILITY CORPORATE PROGRAM

Choose 5 to 10 workshops and **show your commitment to environmentally conscious practices** while **empowering your employees to incorporate these practices into their wellness routine.**

## How it works

- Choose 5 to 10 activities,
- Choose a schedule (once a month, once per week, once per day) or indicate your favourite dates
- Choose online or an in-person seated or walk-in set-up
- Choose the number of participants per workshop

Contact us for a quote by clicking [here](#).

If you're not sure which activities to choose, you can email us a budget per person and we'll recommend the best suited workshops to fit in your budget.

## Benefits

- **Make learning about sustainability fun!** We cover issues such as plastic micro-beads, palm oil production, reading labels, recycling and more while making unique products to take home.
- **Fill your employee engagement calendar** all at once with regular & engaging activities that focus on their wellbeing.
- **Exclusive add-ons included for free with this program:**
  - 1 handout per participant that covers recipes and practical eco-friendly tips (paper-free option available).
  - Option to reschedule for all events up to 2 weeks before the event
  - 10% discount on full-price workshops
  - 1 free gift for all participants

## List of workshops available

- Make bath salts & body scrubs Using Repurposed Ingredients
- Create a low-tox natural skincare routine
- Make a zero-waste solid shampoo
- Make a deodorant using kitchen ingredients
- Create your signature fragrance using only natural scents
- Make palm-free soaps
- Make solid perfumes with sun-safe essential oils
- Make an after-sun or winter moisturising body balm
- Create a multi-purpose oil using Australian Native ingredients
- Make vegan lip balms

## Example of Annual Program

- Make heart-shaped & palm-oil-free soaps for **Valentine's Day**
- Make lip balms using edible colours for **Mother's Day**
- Create a natural skincare routine for **World Health Day**
- Create a multi-purpose oil using Australian Native ingredients for **NAIDOC Week**
- Make a biodegradable deodorant using kitchen ingredients for **Plastic-Free July**
- Make a body balm using lavender from Provence with a French native teacher for **Bastille Day**
- Make bath salts & body scrubs using repurposed ingredients **for RUOK day**
- Make a solid perfume using non-photosensitive essential oils for **National Skin Cancer Week**
- Make a zero-waste, packaging-free solid shampoo for **National Recycling Week**
- Create a chemical-free deodorant and a beard oil for **Movember**



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MAY



WORKSHOP ACTIVITIES

Skin Cancer Awareness Month

- Wellness Activities with non-photosensitive essential oils - Example: make an after-sun moisturising balm

National Sorry Day & National Reconciliation Week

- Use Australian Native ingredients to make multi-purpose oils, bath salts, body scrubs, soaps or perfumes.

Mother's Day

- Bath salts and body scrubs with flower petals and pure essential oils
- Natural Perfumes
- Bath oils/massage oils
- Create a natural skincare routine
- Create a matching set of 2 lip balms

SUN	MON	TUE	WED	THU	FRI	SAT
				01 SKIN CANCER AWARENESS MONTH	02	03
04	05	06	07	08	09	10
11 MOTHER'S DAY	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 NATIONAL SORRY DAY	27 NATIONAL RECONCILIATION WEEK	28	29	30	31

Click on your preferred activity to be taken to our website for more details

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JUNE



WORKSHOP ACTIVITIES

World Environment Day & World Oceans Day

- Bath salts and body scrubs using repurposed food scraps
- DIY deodorant with biodegradable and eco-friendly ingredients from the kitchen
- Make a packaging-free solid deodorant or shampoo bar
- Create a fully biodegradable natural skincare routine



SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04	05 WORLD ENVIRONMENT DAY	06	07
08 WORLD OCEANS DAY	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

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JULY



Plastic-Free July

- Body Scrubs and Bath Salts made with repurposed food scraps and dry flowers
- Homemade Deodorant using simple ingredients from the kitchen
- Zero-Waste Skincare routines
- Packaging-free deodorants and/or shampoos
- Zero-Waste and Plastic-Free Self-Care Online Class

NAIDOC Week

- Use Australian Native ingredients to make multi-purpose oils, bath salts, body scrubs, soaps or perfumes

Bastille Day

- Make a winter moisturising balm scented with lavender essential oil from provence
- Create "accords" (blends) of natural scents in a perfume making class,
- Make a solid body moisturiser in the shape of a French Macaron

SUN	MON	TUE	WED	THU	FRI	SAT
		01 PLASTIC-FREE JULY	02	03	04	05
06 NAIDOC WEEK	07	08	09	10	11	12
13	14 BASTILLE DAY	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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AUGUST



WORKSHOP ACTIVITIES

Keep Australia Beautiful

- Body Scrubs and Bath Salts made with repurposed food scraps and dry flowers
- Homemade Deodorant using simple ingredients from the kitchen
- Zero-Waste Skincare routines
- Packaging-free deodorants and/or shampoos
- Zero-Waste and Plastic-Free Self-Care Online Class

International Day of the World's Indigenous Peoples

- Use Australian Native ingredients to make multi-purpose oils, bath salts, body scrubs, soaps or perfumes



SUN	MON	TUE	WED	THU	FRI	SAT
					01	02
03	04	05	06	07 KEEP AUSTRALIA BEAUTIFUL	08	09 INTERNATIONAL DAY OF THE WORLD'S INDIGENOUS PEOPLES
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	20
31						

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My work organised a perfume making workshop as part of a wellbeing program. It was really fun getting to design my own scent and **Lily was very knowledgeable** about all the different scents and helpful when we needed a bit of guidance in putting a good combination of notes together. **I'm very happy with the perfume I created.**



Lily gave yet another great class. Her instructions were clear and easy to understand. **The participants all thoroughly enjoyed learning how to be more self-sufficient** by making their own deodorants. Thanks Lily :-)

Check out our 5-star Google reviews [here](#)



Our clients rated the event as "excellent". Lily was described as "warm and clear". **We are now regulars at Lily's classes.** She is a skilled and engaging facilitator.



Thank you again for running the workshop! **The team and I had the best time** and look forward to welcoming you back on campus soon 😊



**Another great class by Mademoiselle Organic.** Lily is a fantastic teacher, very thorough and patient, and all the participants loved spending the afternoon learning how to look after their skin with organic ingredients 😊





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# SEPTEMBER

## WORKSHOP ACTIVITIES

### Women's Health Week

- Natural perfumes
- Wellness Activities with non-photosensitive essential oils
- Natural skincare routine
- Lip balms
- Bath salts and body scrubs
- Hair serums and hair masks
- Paraben-free shampoos

### R U Ok Day

Self-care and pampering workshops such as

- Natural perfumes
- Massage oils
- Bath salts and body scrubs



SUN	MON	TUE	WED	THU	FRI	SAT
	01 WOMEN'S HEALTH WEEK	02	03	04	05	06
07	08	09	10	11 R U OK DAY	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Click on your preferred activity to be taken to our website for more details



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# OCTOBER

## WORKSHOP ACTIVITIES

### Breast Cancer Awareness Month

- Make chemical-free deodorant or shampoo
- Pink soaps
- Pink lip balms

### Pink Ribbon Day

Host a Pink Ribbon breakfast with fun activities, like

- Bath salts and body scrubs
- Pink soaps
- Pink lip balms



SUN	MON	TUE	WED	THU	FRI	SAT
			01 BREAST CANCER AWARENESS MONTH	02 PINK RIBBON DAY	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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# NOVEMBER

## WORKSHOP ACTIVITIES

### National Recycling Week

- DIY deodorant with ingredients from the kitchen
- Bath salts and body scrubs using re-purposed food scraps
- Zero-Waste and Plastic-Free Self-Care recipes and tips
- Packaging-free deodorant or shampoo

### National Skin Cancer Week

- Wellness Activities with sun-safe essential oils. For instance, make an after-sun moisturising balm.

### November

- Perfume and beard oils
- Beard oils with native Australian ingredients
- Chemical-free deodorant or shampoo bar

SUN	MON	TUE	WED	THU	FRI	SAT
						01 MOVEMBER
02	03	04	05	06	07	08
09	10 NATIONAL RECYCLING WEEK	11	12	13	14	15
16 NATIONAL SKIN CANCER WEEK	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

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# DECEMBER

## WORKSHOP ACTIVITIES

End-of-year celebrations

Make personalised, eco-friendly, fun and unique gifts such as:

- Perfumes
- Christmas tree soaps
- Scented scrubs and bath salts

“

Lily is calm, kind and funny, and makes the online workshops so supportive and relaxed that time flies by.

SUN	MON	TUE	WED	THU	FRI	SAT
	01 END-OF-YEAR CELEBRATIONS	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

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# Corporate Gift & Giveaway Prizes Options

Essential Oils & Perfume  
Aromatherapy kits

DIY Beauty Kits

Hampers from our sister brand,  
One + Nature

Maternity gifts

[Contact us for more options here.](#)

Home DIY Kits:  
shampoo, candle,  
deodorant, scrubs,  
bath salts & more



Essential Oils



Mums & Bubs Kind  
Pampering Premium  
Gift Hamper



Artisan Handmade  
Multi-Purpose  
Perfume Oils



Essential Oils &  
Perfume Kits



Organic Aloe Vera  
Gel



Minimalist Natural  
Skincare Gift  
Hamper



Postage and Gift  
Wrapping Available







# Meet Lily

Lily has been teaching DIY Wellness & Sustainability workshops since 2017. She is a warm and caring person with a French accent and a love for zero-waste and natural solutions.

Lily teaches regular face-to-face workshops in Melbourne for private customers, companies, charities, universities, communities, and small groups on Saturdays. She also teaches online, sharing her passion for DIY self-care and sustainability to other countries and cities.

Lily moved to Australia in 2010 after having lived on 5 different continents. She loves meeting new cultures and she believes wellbeing is about kindness to ourselves, others and the planet.





## PROCESS AND INVOICES

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Once we've agreed on a schedule, a descriptive text about the activities and images are provided so you can advertise the events to your team.

Workshops are held at your office. On the day, we'll set up 30 minutes before the workshops and we'll need 30 minutes to pack up.

Invoice terms are flexible. We are GST registered. We are also covered by public and product liability insurance.

## CONTACT US

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For a quote or to receive our prices, contact Lily:

- ☎ 0424 441 608
- ✉ [lily@mademoiselleorganic.com](mailto:lily@mademoiselleorganic.com)
- 🌐 [mademoiselleorganic.com](https://www.mademoiselleorganic.com)

All workshops and activities can be customised to your needs.

All our products are certified Vegan and Cruelty-Free and made in Australia.

We look forward to running fun Sustainability & Wellness Activities with you and your teams.



